

Meet Marthie...**From:** Pretoria**Married to:** Lourens**Family:** Three children – a son Jacques (26), two daughters, Jessica (24) and Natasha (18), and a grandson, Jaden (2).**Occupation:** Physiognomist (face profiler)


'I have learnt to wear my facial lines with honour'

Marthie Maré, 44, quit her job, and even when disaster struck, she stuck it out so she could enter the unique world of face profiling

About four years ago, I got to a point when my job as a graphic designer was very unsatisfying and frustrating, and I desperately needed a new challenge and a change. I took stock of my life and dreams, and about a year ago decided to resign and focus on what I loved and really wanted to do – face profiling. It wasn't easy. It was truly a leap of faith – exactly how much faith, I only realised afterwards!

I resigned and started my physiognomy training under the guidance of US face profile expert, Rose Rosetree. I decided to train with Rose because I had done a lot of research on the subject and had looked at various training options, and I liked Rose's approach the most – it's less judgmental than the others. She truly focuses on facial profiling as a tool to assist in understanding ourselves and those around us, and not to judge other people. She's also

the author of *The Power of Face Reading* and *Wrinkles Are God's Makeup*, just to name a few.

One month after I resigned, our family suffered an enormous financial loss. We lost our entire nest egg when a fraudulent broker mismanaged the funds in our trust account. We were not the only victims, but in my case, the timing was really bad.

To add even more pressure, during the following months my youngest daughter, Natasha, had to write her matric exams, my mother had an operation with complications, my grandson was attacked by a dog, my ex-husband, Natasha's father, died in a car crash and my father had to undergo major surgery! As the saying goes: it never rains, but it pours.

While all this was happening, I was chasing my dream and not earning a proper income. I had to spread myself quite thin and had little time to develop my new business.

I felt like giving up and going back to a job with more security, but instead, decided to give it my all to make my dream a reality. It might sound strange, but once you know what it is you should be doing, no matter what the odds, it is very difficult not to go for it. This left me with no option but to move forward and keep my focus. It took a lot of courage, but it has had its own rewards.

It wasn't easy to get to the point where I am now, but I am so glad that I did it! I love the fact that every day I am living out my dream. I have a passion for people and believe I can make a small difference in their lives by helping them to understand themselves and others better.

Face profiling or physiognomy is the study of the face. This science allows you to compile a personality profile by interpreting a person's facial features. Aspects like the structure, lines and shapes on the face represent aspects of a person's personality, career and personal life.

It is an ancient science, estimated to be 5000 years old, and has many applications, but is used mainly in the fields of HR, sales and marketing, psychology and various forms of counselling.

My main objective as a face profiler is to promote effective interaction between people. I believe it is a tool that enables us to

understand one another better. I focus on the positive aspects of the science and believe that it should be used to promote harmony, rather than used as an easy way to stereotype people.

I do personal consultations for individuals where I highlight their talents and challenges – this builds self-esteem and helps them to understand themselves better. I also do compatibility consultations for couples and business partners and provide introductory and advanced training courses.

The fact that I am helping people in such a unique way is very rewarding, and worth every little facial line that I got along the way!

'When I look in the mirror now, I can clearly see my life story on my face'

When I look in the mirror now, I can clearly see my life story on my face, since most lines develop after a period of emotional suffering.

I have a very clear devotion line – a line that develops on your forehead, between your brows. I also have a burnout line – it is a horizontal line that develops over the bridge of your nose, but it is fading as time goes on. I am sure that I am one of the few women in the world who feels honoured to have lines under her eyes! The reason for this is that they are courage lines, and I prefer to wear them like badges of honour.'

What your face can tell you...

◆ **Your face is divided vertically into a left- and right-hand side.**

The left side represents your personal life (how you act when you are at home with family and close friends). The right side of your face represents your social life (how you act when you are at work or meeting new people).

◆ **Your face changes as you grow and learn life lessons.**

As aspects of your personality change on the inside, it will gradually show on your face. This applies even when you make physical changes, such as having plastic surgery or even reshaping your eyebrows.

◆ **Eyebrows** represent your thinking patterns and how you focus on details. There are 3 basic brow shapes: round, straight and

angled. People with round brows notice other people's feelings, straight-browed people focus on facts and logic and angle-browed people need to feel in control of situations.

◆ **People with very thin brows** like to keep things simple, and like to concentrate on one task and finish it before starting with the next. People with very thick brows are comfortable with complicated matters and can juggle projects.

◆ **Noses represent your work style.** If you have a long, straight nose, you work systematically, ticking off your to-do list as you go along. You will also be able to strategically plan long-term projects.

◆ **A very broad nose** indicates that you are comfortable being

part of a team. People give you energy; work will drain you if you suddenly have to work alone.

◆ **Lips are all about self-expression.** People with full lips are mostly extroverted and may sometimes speak before they think. People with thin lips seldom speak about their inner feelings.

◆ **The shape of your chin shows what is important to you when making decisions.** People with round chins make their decisions based on people: how they would feel and how their lives would be affected by the choice. People with straight chins make their decisions based on logic and principles.

For more information go to www.faceprofilesa.co.za